Nervous system

Avena sativa Ø

M.S. Parkinsons disease Motor neurone disease Neuritis Insomnia Alcoholism Numbness/tingling sensations

Scutellaria Ø

Nervous exhaustion - esp. following influenza Insomnia & nightmares Nervous & sick headaches Nervous fear Twitching muscles

Kali Phos 6x Brain-fag Nervous wrecks Exhaustion during labour

Causations

Tranquillizers Anti-depressants Exhausting illness Sexual excess Alcoholism Addiction

Flu or other debilitating illness; burnout

Overwork; worry Over-excitement Study/exam nerves

Skin

Berberis aquifolium Ø

Acne; psoriasis; eczema; pimples; rosacea. Dry, rough scaly skin conditions.

Echinacea Ø

Blood toxicity manifesting through the skin - boils, carbuncles, pustules, ulcers, suppuration, offensive discharges. Bites, stings & wounds slow to heal. Useful support in M.E. with depression, lethargy, aching limbs. H/O sepsis, blood poisoning, multiple vaccination etc.

Lappa-arctium Ø

Acne, pimples, recurrent boils & styes. Eruptions on head, face, neck & extremities.

Skookum chook 8x

Inveterate skin disorders. Urticaria & eczema. Acts esp. well in rheumatic patients with uric acid build up (c/f Urtica).

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Heart

Crataegus Ø Failing in elderly Weakness or hypertrophy Arteriosclerosis Hypertension Dyspnoea & dropsy <u>Diabetes in children</u> Insomnia Irritability, short temper

Strophanthus Ø-3x

Mitral regurgitation Oedema & congestion of lungs; dropsy Arteriosclerosis

Cactus Ø - 6x

Endocarditis Mitral insufficiency Angina pectoris Hypotension Murmurs Violent palpitations Constriction sensation

Lungs

Lobelia Ø Asthma and dyspnoea; asthma with gastric disorders. Oppressed, rattling respiration. Empysema. < tobacco, smoking Helps eliminate foreign objects & particles

Spongia

Dryness. Rawness in chest Rasping; ringing; wheezing; whistling Sensation of suffocation. Respiratory & heart disorders. Sympathetic cough.

Causations

Heart attack Rheumatic fever Stroke Surgery

Smoking Alcohol abuse

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Stomach

Hydrastis Ø-6x

<u>Stomach</u>, liver, gall bladder Weak digestion; bitter taste Gastric ulcer Stomach cancer Debility & emaciation Chronic constipation Sore & sharp pains in stomach Thick, yellow, ropy catarrh

Alfalfa Ø

Anorexia & ill-effects Lost appetite & weight-loss Malnutrition Wasting diseases

Lobelia Ø

Affects pneumo-gastric nerve Nausea, vomiting, profuse salivation Heartburn, acidity Flatulence & dyspnoea after eating < from or aversion to tobacco

Ornithogalum Ø

Cancerous or pre-cancerous states Acid or coffee-ground vomiting Excruciating pains

Pancreas

Syzygium Ø Reduces blood sugar Diabetes Hypoglycaemia

Iris-vers

Affects pancreas & stomach Sick headache Pancreatitis Periodic vomiting Burning pains in pancreas

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Liver & Gall-bladder

Chelidonium Ø

Depression & lethargy Gall bladder trouble Floaters; bitter taste Cold extremities Exhaustion on awaking Affects right lobe Alternate constipation & diarrhoea Pain right scapula Craves hot things < fats, alcohol, rich food Yellowness

Causations

Hepatitis Gall stones Bilious attacks Jaundice Glandular fever

Carduus marianus Ø

Oedema Varicose veins Varicose ulcers Portal congestion Sciatica < stooping Haemorrhage Affects left lobe Gall stones Eruption on sternum

Cholesterinum 3x-6x

Jaundice Gall stones Cancer of liver Excess cholesterol level Holds right side when walking Alcohol - esp. beer Influenza

Spleen

Ceanothus Ø-6

Dropsy/oedema Leukaemia Haemolytic anaemia Hypertension Left-sided stitch

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Abdominal injury Glandular fever Malaria (& NBWS)

Kidneys

Berberis vulgaris Ø

<u>Kidneys</u>, liver, gall-bladder & venous circulation Haemorrhoids Gout Arthritis - knees esp. Backache Eczema Radiating pains

Solidago Ø-3x

Scarring of kidneys Chronic nephritis Dark urine, esp. at night Retention

Taraxacum Ø - 3x

Kidneys & liver Detoxifies and drains excess water Retention with heart weakness

Bladder & Ureters

Triticum repens Ø

Chronic mild cystitis Inflamed urethra Frequency & dysuria Constant urging Urine cloudy & acrid

Equisetum Ø

Bladder pain & fullness not > by urinating Pain < at the close of urination Acute urethritis - sharp, burning pain Mucus in urine Involuntary loss due to weakness of bladder Albuminuria

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Prostate

Sabal serrulata Ø-3x

Enlarged prostate Constant urging at night Enuresis & dysuria Cystitis from prostate enlargement Epididymitis Sexual debility

Ferrum picricum

Frequency at night with fullness and pressure in rectum Retention Smarting in neck of bladder and penis Warts all over hands

Conium

Induration Tendency to malignancy Intermittent urinary flow

Other male reproductive tonics: Agnus-castus; Selenium; Caladium; Fluor-ac

Some uterine organ remedies

Helonias

Organ remedy for *Sepia* or *Kali-carb* patients. Weakness, dragging and weight in pelvis and sacrum, with general prostration. Tired, backachey women (*Sep, Kali-c*). Atony in women enfeebled by loss of blood; periods profuse, dark, clotted, offensive. Kidneys feels congested every month, with albuminuria and suppressed menses. Prolapse. Worn out by hard work. Better when kept busy, when mind is occupied. Conscious of womb, feels heavy and sore. Dragging in sacral region, with prolapse, esp. after miscarriage. Pruritus vulva.

Thlaspi-bursa-pastoris

Every other period is very profuse. Scarcely recovers from one period before another begins. Dark, bloody, offensive leucorrhoea before and after menses. Combination of uterine and urinary symptoms - frequency, gravel, chronic cystitis, renal colic.

Fraxinus Americana

Fibroids & tumors with bearing down sensation. Subinvolution. Prolapse. Enlargement of uterus causing sensation of heaviness, prolapse or backache. Cramps in feet.

Aletris farinosa

For patients who are anemic and exhausted. Tendency to prolapse. Periods early, profuse with labor like pains. Uterus feels heavy. Prolapse with pain in right inguinal region. Habitual tendency to abortion. Endometriosis.

Senecio

Amennorhoea; menses retarded, suppressed; esp. in girls with backache. Before menses, inflamm. of throat, chest, bladder - > once period starts. Anaemic dysmenorrhoea.

Caulophyllum

Spasmodic, irregular and very severe pains; menses too early and too scanty. Dysmen, with pains flying to other parts. With rheumatism or arthritis of small joints; erratic, drawing pains, change place every few minutes. Lack of tonicity of womb - causing repeated miscarriage.

Secale

For thin, scrawny, feeble, bloodless women. Menstrual colic with coldness but intolerance of heat and covers. Irregular, copious, dark; continuous oozing of watery blood between each period. Threatened abortion at 3rd month. Dark, offensive leucorrhea.

Trillium Pendulum

Profuse period every two weeks, lasting a week. Tendency to flooding & haemorrhage from over-exertion, post-partum, fibroids, displacement, menopause etc.

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