

Moon Constitutions

Energy Type: The moon represents - Instincts and habits. The unconscious. Dreams. Awareness. Sleep. Sensitivity. Receptivity. Trance. Addictions. Lunar energy is cold, moist, yin, feminine. It rules periodicity, cycles, growth, conception and fertility.

Day: Monday. Lundi.

Planetary Hour: 12.00am to 03.25am. The brain hour.

Lotus Cycles: Seven year moon cycle is from **birth to age 7** and from age **63 to 70**.

Years: Moon years - 8, 16, 24, 31, 38, 46, 54, 62, 71, 79, 87, 94, 101

Mind: Perceptions. Awareness. Receptivity. Imagination. Beliefs. Memory. Unconscious. Insanity. Senility. Spaciness. Forgetfulness. Fixed ideas. Superstitions. Secretive. Hidden.

Emotions: Sympathetic. Sensitive. Instinctual. Habits. Addictions. Anxieties. Fears. Phobias. Panic attacks. Hysteria. Jealousy. Suspicion. Mania. Paranoia. Insanity. Lunacy.

Physiology: Brain. Nervous system. Unconscious. Sleep. Dreams. Instincts. Reflexes. Appetite. Thirst. Cravings. Hormones. Menstrual cycle. Menopause. Sex drive. Fertility. Conception. Pregnancy. Childbirth. Growth. Fluids. Nursing.

Anatomy: Brain. Pineal gland. Hypothalamus. Nerves. Glands. Breasts. Oesophagus. Stomach. Ovaries. Uterus. Testes. Bladder. Buttocks. Bone marrow. Lymph. Left eye.

Disorders: Breast diseases. Nursing. Infertility. Menstrual disorders. PMS. Motion sickness. Nausea. Vomiting. Mania. Night-watching. Insomnia. Nightmares. Sleepwalking. Bedwetting. Bleeding. Haemorrhage. Cancer. Coma. Chorea. Epilepsy. Parasites. Paralysis. Stroke. Worms.

Homœopathic Remedies: Anacardium. Argentum-met. Argentum-nit. Carcinosin. Cina. Cocculus. Conium. Helleborus. Hyoscyamus. Ipecac. Kali-phos. Luna. Nux-mosch. Opium. Phosphorus. Stramonium.

Herbal/Spagyric Remedies: Avena-sativa. Ginko. Gotu-kola. Lactua-sat. Passiflora. Valerian.

Folklore: Luna. Isis. Diana. Gabriel. Yin. The silver mirror, ruler of the night. Mirror of the soul. Astral body. Water. Fluid balances. Tides. Menses. Conception, pregnancy & childbirth. Moonstruck. Births. Crimes. New moon quiet, full moon active. Silver metals. Reflective surfaces.

Indicators: Mother. Queen. Infants. Children. Nursing. Silver. Pearls. Dewdrops. Magnets. Moonstone. Mirrors. Milk. Water. Dreams. Mysteries. Secrets. Sex. Growth & development.

Chakra: Brow chakra. Third eye. Pineal gland.

Metal: Silver. Argentum. Ag. Atomic weight 107.88. Silver salts.

Astronomy: 27.3 day cycle. 28 day cycle. New moon & full moon cause high tides; low tides at quarters.

Astrology: Mutable mode. Mercury principle. Water element. Moon is ruling planet of Cancer. House: 4th. Domain: 1st.

Occupations: Nurses. Counsellors. Therapists. Doctors. Social workers. Farmers. Politicians. Clergy.

Mercury Constitutions

Energy Type: Mercury represents - Active intelligence. Reasoning capacity. Communication. Learning. Speech. Writing. Coordination. Balance. Its action is to quicken, enliven and add mobility. Mercury is mutable and elusive.

Day: Wednesday. Wotan day. Mercredi.

Planetary Hour: 03.25am to 06.51am. The lung hour.

Lotus Cycle: Seven-year cycle - age **7 to 14** and age **70 to 77**.

Years: Mercury years - 15, 23, 30, 37, 45, 53, 61, 69, 78, 86, 93, 100

Mind: Analytical. Idealistic. Intellect. Attention. Mutable. Indecision. Sensitive. Dyslexia. Critical. Reasoning. Learning. Understanding. Speech. Communication. Writing.

Emotions: Restless. Sensitive. Changeable. Moody. Discontent. Hysterical. Anxious. Anguish. Over-reactive. Impulsive.

Physiology: Mental faculties. Breathing. Respiratory system. Nervous system. Brain. Senses. Hearing. Coordination. Balance. Consciousness. Oxygen. Prana. Chi.

Anatomy: Ears. Lungs. Bronchials. Chest. Mouth. Gums. Tongue. Throat. Tonsils. Larynx. Nerves. Skin. Lymph. Glands. Hands and arms. Spinal cord.

Disorders: Hyperactivity. Asthma. Colds. Earache. Coughing. Deafness. Salivation. Smoking. Sore throat. Stammering. Sweats. Tuberculosis. Pneumonia. Parkinson's disease. Syphilis. Mercury poisoning. Motion sickness. Smoking. Deafness. Lung disorders.

Homœopathic Remedies: Arsenicum. Antimonium-tart. Bacillinum. Chamomilla. Drosera. Ignatia. Lobelia. Kali-mur. Mercurius. Mercury salts. Rumex. Spongia. Tuberculinum.

Herbal & Spagyric Remedies: Lobelia. Chamomile. Grindelia. Rumex. Verbascum. Salvia.

Folklore: Hermes. Thoth. Caduceus. Thermometer. Barometer. Messenger of the gods. Language. Alchemy. Medicine. Writing. Magic. Trickster. Mind. Intellect. Communication. Mediator. Commerce. Paradoxes. Science. Technology. Thoth guides souls. The winged cap. Lucid dreaming. Meditation. Neuter. Hermaphrodite.

Indicators: Prince. Students. Youth. Teachers. Education. Wisdom. Learning. Communication. Speaking. Singing. Witty. Clever. Intellectual. Business. Travel. Speed. Air. Wind. Weather.

Chakra: Throat chakra.

Metal: Mercury. Metallic water. Hydragrym. Silver water. Hg. Atomic weight 200.6.

Astronomy: 59.65 day cycle.

Astrology: Mutable mode. Mercury principle. Air element. Ruler of Gemini and Virgo. Houses: 3rd and 6th. Domain: 2nd.

Occupations: Teachers. Educators. Communications. Business. Trade. Travel. Sports. Speakers. Singers. Actors. Medicine. Chemistry. Mechanics. Science. Technology. Computers. Telecommunications. Mathematics. Accounts. Bookkeepers.

Venus Constitutions

Energy Type: Venus represents - Harmony. Beauty. Comfort. Venus energy is open, sociable and affectionate. Loving and giving. Nurturing. Diplomatic. Compassionate. Gentle. Warm. Feminine. Unity. Creativity.

Day: Friday. Freya day. Vendredi.

Planetary Hour: 06.51am to 10.17am.

Lotus Cycle: Seven-year cycles - age **14 to 21** and age **77 to 84**.

Years: Venus years - 5, 13, 22, 29, 36, 44, 52, 60, 68, 76, 85, 92, 99.

Mind: Passive. Calm. Harmonious. Creative. Self-image. Self-pity. Vanity. Narcissistic.

Emotions: Contentment. Affectionate. Happiness. Sympathetic. Moody. Sentimental. Loneliness. Abandonment. Jealousy. Romantic. Dependent.

Physiology: Genito-urinary system. Hormones. Acid-alkaline balance. Taste. Mucus secretions. Puberty. Fertility. Pregnancy. Urination.

Anatomy: Kidneys. Bladder. Ureters. Fluids. Ovaries. Uterus. Testes. Prostate. Urine. Mucus membranes. Sinuses. Veins. Tongue.

Disorders: Venereal diseases. Discharges. Herpes. Haemorrhoids. Impotency. Kidney stones. Leucorrhoea. Sinusitis. Vaginitis. Thrush. Varicose veins. Urethritis. Warts.

Homœopathic Remedies: Cuprum-met. Pulsatilla. Berberis-vulg. Caulophyllum. Benzoic-acid. Medorrhinum. Sepia. Staphysagria. Natrum-phos. Terebinth. Apis. Thuja.

Herbal & Spagyric Remedies: Equisetum. Sarsaparilla. Sabal-serrulata. Damiana. Berberis-vulg. Helonias. Solidago. Petroselinum.

Folklore: Aphrodite. Sukra. Goddess of love and beauty. Romance. Courtship. Love. Peace. Diplomacy. Symbol of venus is the mirror of vanity.

Indicators: Spouse. Wife. Lover. Harmony. Social relations. Music. Dance. Poetry. Drama. Music. Art. Beauty. Marriage. Sex. Pleasure. Flowers. Perfume. Spring. Dawn.

Chakra: Sacral chakra. Gonads.

Metal: Copper. Cuprum. Cu. Atomic weight 63.45. Colourful metal. Harmony metal. Combines easily. Higher % of copper in women.

Astronomy: 224 1/2 day cycle.

Astrology: Mutable mode. Mercury principle. Water element. Ruler of Taurus and Libra. Houses: 2nd & 7th. Domain: 3rd.

Occupations: Musicians. Artists. Dancers. Singers. Actors. Decorators. Cosmetics. Beauticians. Diplomats. Social workers. Counselors. Gardening. Feng-shui.

Sun Constitutions

Energy Type: The sun generates Life and Vitality. It represents - Light. Outward energy. Leadership. Willpower. Dignity. Nobility. Creativity. Generosity. Compassion. Unconditional love. The sun's action is - to Shine. Enliven. Express. Vitalise. Improve. Enoble. It brings Joy. Contentment. Calmness. Selflessness. Spirituality. Self-expression. Rebirth. Elevation.

Day: Sunday. Dimanche.

Planetary Hour: 10.17am to 1.42pm. The heart hour.

Lotus Cycle: The sun governs a 21-year cycle, from age **21 to 42**, and age **84 to 105**.

Years: Sun years - 4, 12, 20, 43, 51, 59, 67, 75, 83.

Mind: Personality. Ego. Willpower. Aspiration. Pride. Arrogance. Selfishness. Attachment. Materialistic. Overinvestment. Creative. Artistic.

Emotions: Sympathy. Love. Sentimental. Sunny. Grief. Broken heart. Depression. Despair. Hopelessness. Suicidal.

Physiology: Arterial circulation. Vitality. Vision. Vital heat. Blood circulation. Consciousness. Photosensitivity.

Anatomy: Heart. Blood. Eyes. Right eye. Upper back. Spleen. Spinal column. Thoracic spine.

Disorders: Heart diseases. Heart attack. Allergies. Dermatitis. Skin cancer. Heatstroke. Sunstroke. Fevers. Radiation poisoning. Photophobia. Chills. Hot flushes. Skin rashes. Eye diseases. Vision problems.

Homœopathic Remedies: Aurum-met. Aurum-mur. Natrum-mur. Euphrasia. Glonoine. Cactus. Digitalis. Sol.

Herbal & Spagyric Remedies: Crataegus. Cactus-grand. Euphrasia. Helianthus. Apocynum.

Folklore: Sun god Apollo. Ra. Ravi. Osiris. Michael. Royalty. The King. Symbol of the sun is the shield of Helios. Eye of Ra. Day's eye.

Indicators: King. Father. Male. Royal. Pride. Ego. Authority. Purity. Nobility. Compassion. Loyalty. Willpower. Vitality. Rebirth. Soul. Wealth. Riches.

Chakra: Heart & Solar Plexus.

Metal: Gold. Aurum. Au. Atomic weight 197.2. Noble metal - doesn't rust, malleable, survives the fire, immortal, precious.

Astronomy: One year cycle of zodiac, 365.25 days.

Astrology: Cardinal mode. Sulphur principle. Fire element. Ruling planet of Leo. House: 5th. Domain: 4th.

Occupations: Artists. Actors. Religion. Politics. Jewelers. Management. Leadership. Teachers.

Mars Constitutions

Energy Type: Mars represents - Fire. Passion. Energy. Assertiveness. Initiative. Willpower. Strength. Independence. Its action is to Energise. Inspire. Defend. Stimulate. Aggravate. Mars energy is Hot. Fiery. Aggressive. Masculine. Destructive. Powerful. Domineering. Mars rules Shocks. Trauma. Warriors. Sports. Competition.

Day: Tuesday. Mardi.

Planetary Hour: 1.42pm to 5.08pm. The Blood hour.

Lotus Cycle: Seven-year cycle - age **42 to 49**.

Years: Mars years - 3, 11, 19, 27, 34, 41, 50, 58, 66, 74, 82, 90.

Mind: Aggressive. Assertive. Confident. Independent. Strong willpower. Focused. Ambitious. Competitive. Domineering. Obstinate. Determined. Intent.

Emotions: Anger. Abusive. Irritable. Fiery. Impatient. Courageous. Brave. Violent. Jealous. Possessive. Temper tantrums. Outbursts. Sexual. Animalistic.

Physiology: Blood. Immune system. Blood pressure. Circulation. Hormones. Temperature. Sex. Survival instinct.

Anatomy: Blood cells. Haemoglobin. Bile. Gallbladder. Adrenal glands. Muscles. Tendons. Genitals. Arteries. Head. Face.

Disorders: Accidents. Injuries. Acute diseases. A.I.D.S. Anaemia. Attacks. Bites & stings. Blows. Cuts. Emergencies. Fevers. Cholecystitis. High blood pressure. Infections. Sepsis. Sprains. Stabs. Stroke. Surgery. Wounds.

Homœopathic Remedies: Ferrum-met. Ferrum-phos. Aconite. Apis. Arnica. Bellis-perennis. Staphysagria. Calendula. Cantharis. Hypericum. Lachesis. Natrum-sulph. Nux-vom. Scorpion. Urtica-urens.

Herbal & Spagyric Remedies: Calendula. Crataegus. Echinacea. Hamamelis. Millefolium. Plantago. Red clover. Sanguinaria. Urtica- urens.

Folklore: The god of war. Power. Control. Red cross. Vulcan. Iron. Steel. Blood.

Indicators: Warriors. Battles. Knives. Weapons. Storms. Blood. Steel. Red. Surgery. Victory. Sports. Willpower. Heroics.

Chakra: Solar Plexus.

Metal: Iron. Ferrum. Fe. Atomic Weight 55.85.

Astronomy: 22 month cycle; 686.9 days.

Astrology: Cardinal mode. Sulphur principle. Fire element. Ruling planet of Aries and Scorpio. Houses: 1st and 8th. Domain: 5th.

Occupations: Soldiers. Military. Police. Politicians. Athletes. Sports. Actors. Singers. Medicine. Surgery. Dentistry. Science. Chemistry. Demolition. Firefighters. Pyrotechnics. Technology.

Jupiter Constitutions

Energy Type: Jupiter is the largest planet & it represents - Expansion. Growth. Opportunity. Higher mind. Wisdom. Enthusiasm. Optimism. Benevolence. Generosity. Its action is to expand, preserve and to increase. Health. Vitality. Growth. Abundance. Accumulation.

Day: Thursday. Thor's day. Jeudi.

Planetary Hour: 5.08pm to 8.30pm. The liver hour.

Lotus Cycle: Seven-year cycle - age **49 to 56**.

Years: Jupiter years - 2, 10, 18, 26, 33, 40, 48, 57, 65, 73, 81, 89, 96.

Mind: Beneficial. Generous. Loyal. Vital. Optimistic. Humane. Witty. Over-indulgence. Appetite for life.

Emotions: Jovial. Good-tempered. Lively. Greedy. Insecurity. Worry.

Physiology: Digestive system. Assimilation. Metabolism. Thyroid gland. Appetite. Cell growth. Weight gain. Fat. Growth.

Anatomy: Liver. Gall-bladder. Digestive tract. Bile ducts. Pancreas. Abdomen. Intestines. Navel. Hips. Feet. Blood. Thyroid.

Disorders: Digestive disorders. Diabetes. Low blood sugar. Gallstones. Indigestion. Acidity. Gas. Bloating. Jaundice. Hepatitis. Haemorrhoids. Malassimilation. Obesity. Malnutrition. Weight gain.

Homœopathic Remedies: Lycopodium. Chelidonium. Cholesterinum. China. Hydrastis. Leptandra. Mag-mur. Nux-vom. Stannum-met. Tarax.

Herbal & Spagyric Remedies: Aloe vera. Alfalfa. Carduus-mar. Chelidonium. Hydrastis. Leptandra. Podophyllum. Olive oil. Taraxacum.

Folklore: Zeus. Guru. Jove. Thor. Judge. Lawmaker. Father. Guru. Riches. Cross and crescent moon, first letter of Greek for Zeus. Oxygen compounds.

Indicators: Business. Wealth. Fortune. Luck. Happiness. Wisdom. Philosophy. Religion. Food. Cooking. Farming. Growth. Harvest. Investments. Accumulations. Trees. Rainforest. Wood element.

Chakra: Navel or solar plexus.

Metal: Tin. Stannum. Tropical metal. Sn. Atomic weight 118.7. Liver has highest tin content, lungs the lowest.

Astronomy: 12 year cycle. 13 moons. 10 hour day.

Astrology: Salt principle. Earth or Wood element. Ruling planet of Sagittarius and Pisces. Houses: 9th and 12th. Domain: 6th.

Occupations: Business. Trade. Bankers. Judges. Teachers. Chefs. Hoteliers. Farmers. Religion. Carpenters. Accountants. Bookkeepers. Financial planners. Treasurers.

Saturn Constitutions

Energy Type: Saturn represents - Organisation. Structure. Responsibility. Idealism. Morality. Order. Integrity. Endurance. Fortitude. Its action is to establish order, to preserve, test, discipline and solidify. Entropy law. Cold. Slow. Contraction. Hardening. Solidifying. Heavy. Inward. Destruction. Breakdown. Obstruction. Limitation. Chaos. Death.

Day: Saturday. Samdie.

Planetary Hour: 8.30pm to 12.00 midnight. The spleen hour.

Lotus Cycle: Seven year cycle - age **56 to 63**.

Years: Saturn years - 1, 9, 17, 25, 32, 39, 47, 55, 64, 72, 80, 88, 95.

Mind: Idealistic. Over responsible. Structured. Organised. Fastidious. Serious. Moralistic. Industrious. Fixed ideas. Pessimistic. Opinionated.

Emotions: Closed. Sorrow. Morose. Gloomy. Worry. Anxiety. Insecurity. Chaotic. Hard hearted. Cold. Despairing. Melancholic.

Physiology: Longevity. Ageing process. Death. Mineral metabolism. Breakdown of cells.

Anatomy: Spleen. Bones. Teeth. Joints. Structure. Alignment. Ligaments. Neck. Back. Spinal column. Back. Knees. Skin. Rectum. Parathyroid glands.

Disorders: Ageing diseases. Arthritis. Bone disorders. Calcium metabolism. Cancer. Chronic diseases. Contractions. Decay. Degeneration. Emaciation. Gallstones. Gangrene. Gout. Kidney stones. Lead poisoning. Leukaemia. Mineral deposits. Osteoporosis. Osteoarthritis. Plague. Poisoning. Radiation sickness. Rheumatism. Scar tissue. Sclerosis. Stiffness. Tooth decay. Ulcers. Weakness. Weight loss.

Homœopathic Remedies: Alumina. Arsenicum. Cadmium-sulph. Calc-carb. Calc-phos. Calc-fluor. Carcinosis. Causticum. Graphites. Hekla-lava. Petroleum. Plumbum. Radium-brom. Silica. Strontium-carb. Thios.

Herbal & Spagyric Remedies: Ceanothus. Symphytum. Castor oil (ext).

Folklore: Chronos - the god of time. Entropy. Law and order. Limitations. Lord of karma. Sickie. Grim reaper. Neuter. Hermaphrodite.

Indicators: Servants. Ascetics. Spirituality. Ageing. Longevity. Structure. Law and order. Justice. Discipline. Responsibility. Decay. Death. Toxicity. Poisons. Sclerosis. Fermentation. Calcification. Stones. Deposits.

Chakra: Base or spleen chakra.

Metal: Lead. Plumbum. Pb. Atomic weight 207.2. Heavy metal.

Astronomy: 28 to 30 year cycle.

Astrology: Fixed mode. Salt principle. Earth element. Ruling planet of Capricorn and Aquarius. Houses: 10th and 11th. Domain: 7th.

Occupations: Servants. Labourers. Engineers. Lawyers. Judges. Politicians. Police. Architects. Carpenters. Mechanics. Physical therapists. Doctors. Scientists. Miners. Technology. Social workers.

Perpetual Calendar

Following the three steps described below will enable you to determine the calendar for any month in any year from 1753 through 2030.

Note: Although these calendars all indicate 31 days per month, remember that September, April, June, and November have only 30 days and February has 28 except in leap years when it contains 29.

Step 1: Note the letter that follows the year you want.

1753A	1754B	1755C	1756K	1757F	1758G	1759A	1760I	1761D	1762E	1763F	1764N	1765B	1766C	1767D	1768H
1769G	1770A	1771B	1772J	1773E	1774F	1775G	1776H	1777C	1778D	1779E	1780M	1781A	1782B	1783C	1784J
1785F	1786G	1787A	1788I	1789D	1790E	1791F	1792N	1793B	1794C	1795D	1796L	1797G	1798A	1799B	1800H
1801D	1802E	1803F	1804N	1805B	1806C	1807D	1808L	1809G	1810A	1811B	1812J	1813E	1814F	1815G	1816H
1817C	1818D	1819E	1820M	1821A	1822B	1823C	1824K	1825F	1826G	1827A	1828I	1829D	1830E	1831F	1832J
1833B	1834C	1835D	1836L	1837G	1838A	1839B	1840J	1841E	1842F	1843G	1844H	1845C	1846D	1847E	1848H
1849A	1850B	1851C	1852K	1853F	1854G	1855A	1856I	1857D	1858E	1859F	1860N	1861B	1862C	1863D	1864H
1865G	1866A	1867B	1868J	1869E	1870F	1871G	1872H	1873C	1874D	1875E	1876M	1877A	1878B	1879C	1880H
1881F	1882G	1883A	1884I	1885D	1886E	1887F	1888N	1889B	1890C	1891D	1892L	1893G	1894A	1895B	1896J
1897E	1898F	1899G	1900A	1901B	1902C	1903D	1904L	1905G	1906A	1907B	1908J	1909E	1910F	1911G	1912H
1913C	1914D	1915E	1916M	1917A	1918B	1919C	1920K	1921F	1922G	1923A	1924I	1925D	1926E	1927F	1928N
1929B	1930C	1931D	1932L	1933G	1934A	1935B	1936J	1937E	1938F	1939G	1940H	1941C	1942D	1943E	1944M
1945A	1946B	1947C	1948K	1949F	1950G	1951A	1952I	1953D	1954E	1955F	1956N	1957B	1958C	1959D	1960L
1961G	1962A	1963B	1964J	1965E	1966F	1967G	1968H	1969C	1970D	1971E	1972M	1973A	1974B	1975C	1976K
1977F	1978G	1979A	1980I	1981D	1982E	1983F	1984N	1985B	1986C	1987D	1988L	1989G	1990A	1991B	1992J
1993E	1994F	1995G	1996H	1997C	1998D	1999E	2000M	2001A	2002B	2003C	2004K	2005F	2006G	2007A	2008I
2009D	2010E	2011F	2012N	2013B	2014C	2015D	2016L	2017G	2018A	2019B	2020J	2021E	2022F	2023G	2024H
2025C	2026D	2027E	2028M	2029A	2030B										

Step 2: Under that letter, note the number corresponding to the month you want.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
January	1	2	3	4	5	6	7	1	2	3	4	5	6	7
February	4	5	6	7	1	2	3	4	5	6	7	1	2	3
March	4	5	6	7	1	2	3	4	5	6	7	1	2	3
April	7	1	2	3	4	5	6	1	2	3	4	5	6	7
May	2	3	4	5	6	7	1	3	4	5	6	7	1	2
June	5	6	7	1	2	3	4	6	7	1	2	3	4	5
July	7	1	2	3	4	5	6	1	2	3	4	5	6	7
August	3	4	5	6	7	1	2	4	5	6	7	1	2	3
September	6	7	1	2	3	4	5	7	1	2	3	4	5	6
October	1	2	3	4	5	6	7	2	3	4	5	6	7	1
November	4	5	6	7	1	2	3	5	6	7	1	2	3	4
December	6	7	1	2	3	4	5	7	1	2	3	4	5	6

Step 3: Opposite that bold face number appears the appropriate calendar.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	SUNDAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	SUNDAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	SUNDAY	Monday	Tuesday
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
2		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
3			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
4				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
6						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
7							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

The 49 Planetary Hours of Medical Alchemy

Time	Sunday	Monday	Tuesday	Wednes.	Thurs.	Friday	Saturn.	Time
Planet	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn	Planet
12:00 am - 3:25 am	☉ ☽	☾ ☿	♂ ☿	☿ ☿	♂ ☿	♀ ☿	♂ ☾	0.00 am - 3:25 am
3:25 am - 6:51 am	☉ ☉	☾ ☾	♂ ☽	☿ ☿	♂ ☿	♀ ☿	♂ ☿	3:25 am - 6:51 am
6:51 am - 10:17 am	☉ ♀	☾ ☿	♂ ☉	☿ ☾	♂ ☽	♀ ☿	♂ ☿	6:51 am - 10:17 am
10:17 am - 1:42 pm	☉ ☿	☾ ☿	♂ ☿	☿ ☿	♂ ☉	♀ ☾	♂ ☽	10:17 am - 1:42 pm
1:42 pm - 5:08 pm	☉ ☾	☾ ☽	♂ ☿	☿ ☿	♂ ☿	♀ ☿	♂ ☉	13:42 pm - 17:08 pm
5:08 pm - 8:34 pm	☉ ☿	☾ ☉	♂ ☾	☿ ☽	♂ ☿	♀ ☿	♂ ☿	17:08 pm - 20:34 pm
8:34 pm - 12:00 am	☉ ☿	☾ ♀	♂ ☿	☿ ☉	♂ ☾	♀ ☽	♂ ☿	20:34 pm - 0.00 am
































































The Seven Planets are divided into a 24 hour day. A Planetary Hour = 3 hours and 25 minutes. The first planetary hour begins at 3:25 am to 6:51 am of each day, it is named after the ruling planet of that day, (On Sunday, the Sun rules the first planetary hour of the day)

The Planetary hour sequence is:

(1) Saturn = ♄ (2) Jupiter = ♃ (3) Mars = ♂ (4) Sun = ☉ (5) Venus = ♀ (6) Mercury = ☿ (7) Moon = ☾

The Lotus Growth Cycles of Lotus Medicine

by Robin Murphy, ND



Moon	Mercury	Venus	Sun	Sun	Mars	Jupiter	Saturn	Moon
Lotus 1	Lotus 2	Lotus 3	Lotus 4	Lotus 5	Lotus 6	Lotus 7	Lotus 8	Lotus 10
0- 	7- 	14- 	21- 	28- 	35- 	42- 	49- 	63- 
1- 	8- 	15- 	22- 	29- 	36- 	43- 	50- 	64- 
2- 	9- 	16- 	23- 	30- 	37- 	44- 	51- 	65- 
3- 	10- 	17- 	24- 	31- 	38- 	45- 	52- 	66- 
4- 	11- 	18- 	25- 	32- 	39- 	46- 	53- 	67- 
5- 	12- 	19- 	26- 	33- 	40- 	47- 	54- 	68- 
6- 	13- 	20- 	27- 	34- 	41- 	48- 	55- 	69- 
Moon	Mercury	Venus	Sun	Sun	Mars	Jupiter	Saturn	Moon

The Lotus Growth Cycles are the Stages of Life. Each Lotus is Seven Years long except for the Sun Lotus. The Sun Lotus is the longest age with 21 years representing Maturity. The Moon Lotus, (0-7), Mercury Lotus, (7-14), Venus Lotus, (14-21), Sun Lotus, (21-42), Mars Lotus, (42-49), Jupiter Lotus, (49-56), Saturn Lotus (56-63), Moon Lotus, (63-69), etc.

The Seven Years within each Lotus Cycle is ordered in the reverse planetary speed sequence:

(7) Saturn =  (6) Jupiter =  (5) Mars =  (4) Sun =  (3) Venus =  (2) Mercury =  (1) Moon = 

Planetary Constitutions of Medical Alchemy

ANCIENT SYMBOL		♀	♀		♂	♂	♂	♂
PLANET	MOON	MERCURY	VENUS	SUN	MARS	JUPITER	SATURN	
DAY	MONDAY	WEDNESDAY	FRIDAY	SUNDAY	TUESDAY	THURSDAY	SATURDAY	
METAL	SILVER	MERCURY	COPPER	GOLD	IRON	TIN	LEAD	
Latin	Argentum	Mercurius	Cuprum	Aurum	Ferrum	Stannum	Plumbum	
Health	Perception	Sensitivity	Resonance	Aspiration	Survival	Growth	Entropy	
Organs	Brain	Lungs	Kidney	Heart	Blood	Liver	Spleen	
Organs	Stomach	Nerves	Genitals	Blood	Gallbladder	Gallbladder	Joints	
Organs	Breast,Hypot	Throat, Ears	Ovar., Testi.	Pituitary	Adrenals	Thyr., Panc.	Parathyroid	
Tissues	Marrow	Lymph	Mucous	Plasma	Musc., Tend.	Fat	Bones	
Systems	Nervous	Respiratory	Genito-Urin.	Circulatory	Immunity	Metabolic	Structural	
Functions	Sleep, Dream	Hear, Speech	Sex, Taste	Eyes, Vision	Defense	Appetite	Alignment	
Health Sign	Clarity	Adaptable	Well-Being	Calinness	Strength	Energy	Order	
Down fall	Fears	Instability	Desire	Pride	Anger	Greed	Worry	
Issues	Unconsc.	Intellect	Affections	Ego	Will	Security	Control	
Herbs	Aven, Valer.	Lobel. Verb.	Equis. Caul.	Crat. Helian.	Echni. Arn.	Alfal., Chelli.	Cean. Symp.	
Practices	Dreaming	Alchemy	Homeopathy	Meditation	Tai Chi	Veget. Diet	Herbs	
Zodiac	Cancer	Gemi., Virgo	Taur., Libra	Leo	Aries, Scorp.	Pisc., Sagit.	Aquar, Capri	
Element	Water	Air, Metal	Water	Fire	Fire	Earth, Wood	Earth	
Polarity	Lunar	Lunar	Lunar	Solar	Solar	Solar	Lunar	
Doshas	Mercury	Mercury	Mercury	Sulphur	Sulphur	Salt	Salt	
PLANET	MOON	MERCURY	VENUS	SUN	MARS	JUPITER	SATURN	